



# Life@Benevola

*“Together we are called to worship  
and witness, grow and give, love and  
live for the glory of God.”*



SEPTEMBER 2024

**Sunday Worship: 9am Sunday School 10:00am 301-791-3576**

**FROM THE PASTOR DESK ---Pastor Suzanne Jones**

*The seventh day is a Sabbath to the Lord your God. Do not do any work on it—not you, your sons or daughters, your male or female servants, your animals, or the immigrant who is living with you.*

– Exodus 20:10

I love the feeling as fall starts to settle in. In September, we seem to settle back into regular routines. There's a rhythm that comes back to life as the leaves start to turn and our coffee warms up crisp mornings. Although... these first few mornings of September seem to be a little warmer than usual.

At Benevola, September is busy. Our pews have been filling up with families returning from vacations and guests stopping in for a visit. But you may notice some places may feel empty as young adults are off to college or some families have changes in their weekly schedules (thank goodness you can worship online on our Facebook page and YouTube channel!). Choir music will soon ring through the halls as the choir returns, and Sunday school, Bible studies, and much of our programming will be in full swing as we kick off a new season of learning on September 15.

Benevola will be busy outside of our walls, too! We're gearing up for Boonesborough Days September 6-8<sup>th</sup> as we kick off the weekend with our yard sale, sell our delicious apple dumplings in Shafer Park the park, and join other area churches for our annual Community Worship Service in the park on Sunday, Sept 8. Youth Fellowship will be back in action in late September with lots of joint activities planned with other churches through the fall and winter months. Our Outreach and Fellowship teams are keeping the mission going by providing food and household items for clients who come to Katie's Cupboard, and we're organizing a group of volunteers to serve a meal at the Hope Center in Hagerstown on Sept 29. We are also preparing for a fun family movie night! (...more details to come.)

Whew! Already so much to look forward to! But as we step into what is sure to be a busy season, I pray that you also find moments to REST. Pay attention to what you say "yes" to and remember that "no" is also a holy, complete sentence. A wise mentor once told me, "you don't have to have something on your calendar to be unavailable. Rest is a perfectly good reason to say no."

Fall teaches us that saying no and letting go is a necessary part of life. The leaves must turn colors and fall off the trees in order for new buds to eventually show up in spring. The grass must go dormant. The soil needs to rest. And so do we. Even God rested, and then commanded that we do the same.

With all of the excitement of everything happening this fall, I pray that you rest. Say no to something. Don't answer that email right away. Put your feet up. Rest.

As Anne Lammott once wrote, "Almost everything will work again if you unplug it for a few minutes, including you."

Grace and Peace, Pastor Suzanne



	Facebook Tech	Acolyte	Lay Reader	Head Usher
9/1	Morgan Boyd	Faith Boyd	Ruth Ridenour	Bill Flook
9/15	Morgan Boyd	Porter Stipanovic	Emily Rohde	Kevin Fox
9/22	Kevin Chesnutwood		Bruce Burley	Nelson Baker
9/29	Michael Wescott		Mike Wescott	Gary Freeman

## Mammon Minute

### Giving

Even as we become self-reliant and take responsibility for planting the seeds that will grow into trees of our own success, we face equal responsibility of planting shade trees for the benefit of others. One of God's great rules for the harvest of success is that the crops we sow and reap must be for the benefit of others, too - not crops grown and reaped at their expense. The harvest of seeds of selfishness always results in personal and group famine, pestilence and drought.

Success does not mean standing victoriously over a fallen enemy. It is standing side by side with persons you have helped. Success is a matter of raising not only your own water level but the water level of all around you so that all the ships in the harbor can embark on prosperous voyages.

You are truly successful when you can extend a strong hand to someone who is reaching, searching, or just trying to hang on. There is divine purpose in bringing out the best in one another. Selfish people live narrow lives. Real leaders expand their dreams, goals, plans... and efforts...beyond themselves to say, "I live every moment, enjoying as much as I can, relating as much as I can, doing as much as I can - and giving as much as I can."

We live in a "me" world - facing the challenge of turning a "me" generation into a "we" generation. The elusive preoccupation we have in self-gratification and self-indulgence has too often been defined as personal success. Personal success, in my opinion, is only success if it also results in success for those with whom your life is intertwined.

(Related Bible texts: Ruth 2:1-12; Acts 2:43-47; Romans 12:13; 1 Corinthians 12:7)

Dennis Waitley - from The Answer Bible, page 145, Copyright 1993, Word Publishing.

Blessings, Bruce



### **Church at the Park for Boonsboro Days**

Benevola is joining several other churches in the South Washington County Ministerium to have an outdoor worship service in Shafer Park during Boonsboro Days on Sunday September 10 at 10am. Churches take turns leading the serving the service and providing the music.

The service is held in the Shafer Park gazebo. Some seating is provided, but it's always a good idea to bring a lawn or camp chair with you.



*It's a Girl!*

Freya Jolene Cantler entered this world on July 1st, weighing in at 8 lbs 5 oz. Proud parents are Aaron and Kristi Cantler and brother Nolan. Proud grandfather is Wayne Duffey, Jr. and grandmother, Tammy Duffey and great grandparents Wayne & Joann Duffey, Sr.



We express our sympathy to Patsy Campbell on the passing of her husband, Donald Campbell on August 10.

### **CPR / AED Training**

As we discussed last spring, we will offer another CPR / AED training on a Saturday for those of you who couldn't make the last AED / CPR training. Dennis Rudden has once again agreed to teach us. If you've spoken with anybody who participated in the training last spring that Mr. Rudden provided, I'm sure they told you that the training was very low key, very thorough, and not threatening in the least. (There is no written exam.) I would encourage anybody who has not been trained within the last 2 years, or has never been trained, to strongly consider participating in this training. The cost has been taken care of, so no charge to you. This training will be held in the Spiritual Life Center here at Benevola on Saturday September 21 at 9 am. If you want to be trained, please email me at [JBBDDS86@aol.com](mailto:JBBDDS86@aol.com) or text me at 301-491-0971 as soon as possible so I can give Mr. Rudden an accurate count.

Blessings,  
Bruce Burley

## Yard Sale

Just a reminder when cleaning out your unwanted items the church will be having their annual yard sale on Friday & Saturday, September 6th & 7th from 7am to 2pm in the Spiritual Life Center. We will be accepting donations starting on Monday, September 2nd 9am to 3pm.

Tuesday, September 3rd 9am to 3pm.

Wednesday, September 4th 9am to 11am (Break for Lunch Bunch) 3pm to 6pm.

Thursday, September 5th 9am to 3pm.

Please NO LARGE APPLIANCES or BEDS and no items dropped off after 3pm on

Thursday. This gives us time to have all items priced for the start of our sale. If you have any questions, please contact Brenda Embly 301-331-7176 or JoAnn Duffey 301-432-6462.



## Apple Dumplings at the Park

### Boonesborough Days – September 7 & 8

The apple dumplings are made! Thanks to many helping hands. Now we will take them to the community!

We need helpers at the park to heat dumplings and bag frozen dumplings. These are easy jobs, fun fellowship and sharing God's love, and inviting fold to our church. A sign-up sheet is in the hallway. Work one, two or more hours. Questions: call or text Sue Barnes 301-465-0596.

## Samaritan's Purse Christmas Shoeboxes – due by mid-November 2024

Again, this year at Benevola we will be filling Christmas shoeboxes. This is a simple yet powerful way to share hope in the Lord is to pack a shoebox for a child to be sent to places that even missionaries can't go. A story about one of the recipients is about a Philippine young lady named Analyn. She was raised in poverty and never got a Christmas gift until she got an Operation Christmas Child shoebox from her church. She opened it to find brightly colored crayons, a notebook, and a stuffed animal. She said, "My heart was jumping for joy!" She could hardly believe that it was real? She felt loved and later gave her heart to the Lord and began teaching others about Him.

When you pack shoeboxes with school supplies, toys, and other gifts, you help prepare the way for the people with Samaritan's Purse tell the children about God's greatest gift, Jesus Christ. Over 178 million shoebox gifts have been delivered in 170 countries and territories.

If you do not want to shop for gift items right now, you may want to build personalized shoeboxes online at [SamaritanPurse.org/occ](https://SamaritanPurse.org/occ). Guidelines for filling the boxes will be provided the beginning of October. We are also planning to have a box filling party. You may want to get some items now to donate.

If you have questions, talk to Becky Hein.







CROP WALK – Sunday, October 13, 2024 at 2 pm

The CROP Walk raises money for UMCOR (United Methodist Committee on Relief) and for the South Washington County Ministerium. UMCOR provides relief with blankets, flood buckets, and food for victims of natural disasters in the U.S. and around the world. The Ministerium helps people in mainly South Washington County who have hit on hard times.

You are invited to get sponsors and join the walk or give money to walkers to support these causes. The Walk will be from Taylor Park in Keedysville down through the town and back to the park. If that sounds too long for you, there will also be a short walk around Keedysville. Walk envelopes are available from Becky Hein.

### UMVIM Trip to Hindman, KY

The Hope Builders (Mt. Nebo UMC, Harmony UMC, and other volunteers) are going on a mission trip to Kentucky. The group will be helping flood victims repair their home or build them a new home. The whole trip is from Saturday, September 28 to Saturday, October 12, 2024. Klaus and Becky Hein will be joining the group for both weeks. You are invited to consider going along for all or part of this time. Willing hands are always welcome; we teach on the job. There will be about 30 people in the group each week. We will stay in the UM church in Hindman, sleep on air mattresses that we take along, and cook our own food. The cost is \$350 for two weeks and \$175 for one week. We also need money for supplies if you wish to help out in that way. For more details, please talk to Becky or Klaus.

### Join Body & Soul Fitness Now!

New music and exercises **start September 9th!**

We have 2 different classes in the Benevola gym on **Mondays and Wednesdays:**

***Longevity Fit*** at **4 PM** has low impact moves, weights, & chair options for seniors or rehab

***Cardio Strength & Flexibility*** Co-Ed class at **5:30 PM** includes high and low impact exercises, and includes weights and floor work.

**Not sure? Come and give it a try!**

Questions? See Connie (301 491-8763) or [bodyandsoul.org](http://bodyandsoul.org)

## Benevola UMC Movie Night- Saturday September 28 at 5pm

Join us for a kid-friendly film that the whole family can enjoy together! Bring your family and friends for an evening of entertainment and doing good! Enjoy snacks, crafts, family-friendly activities before the movie. This is a free event but you are encouraged to bring non-perishable items for Katie's Cupboard Food Pantry to help our church serve our local community needs.



**Women's Bible Study**  
**Thursdays, October 10—November 7**  
**10:30 AM—11:30 AM**

***HALLELUJAH!***

***GIVE THANKS TO THE LORD, FOR HE IS GOOD;  
HIS FAITHFUL LOVE ENDURES FOREVER.***

*Psalm 106: 1*

From the back cover: “Fostering a heart of gratitude brings blessing and joy to your life and to those around you. It turns your eyes off yourself and helps you cherish your time and relationships in a new way. Being thankful points to a good God who loves and provides. But how can you develop that kind of heart? In *Grateful: Giving Thanks to God in All Things*, you'll spend four weeks examining reasons to be grateful to God. You'll see that developing a thankful heart begins with acknowledging how the One who owes you nothing has given you everything. Truly grasping God's goodness and generosity will result in a continual harvest of gratitude, regardless of the circumstances.”

Classes will meet at the church in the Upstairs Adult Classroom. The first meeting will be to get acquainted. After that, there are readings outlined for 5 days of the week. Each woman is asked to purchase their own book.


Books are available from either Amazon or Lifeway.com. Books cost about \$17.00 each.

Cindy Reeder will serve as the discussion facilitator. Please call the church office to sign up or call Cindy at 301.462.9510, or email her at [csreeder18@myactv.net](mailto:csreeder18@myactv.net). Please don't hesitate to reach out if you have questions.

## Roasting Turkeys = Feeding Families!

Julie Williams, member of Trinity Lutheran Church in Boonsboro, will be preparing Thanksgiving for families again this year and Benevola has been asked again to roast turkeys. Cindy & Nelson Reeder will coordinate the effort. Please mark your calendar for Friday, November 22nd. There's always room for helpers to prepare, roast, pick or clean-up.





# SEPTEMBER

*Birthdays and Anniversaries*

- 3 Debbie Stanfield
- 8 Verle Slifer, Brian Loudenslager
- 9 Nancy Baker, Mike Haupt, Laura Weddle
- 10 Joe Reed
- 12 Ashley DeStefano, Chloe Coulter, Debbie Price, Craig Williams, Jim Witman, Kitty Shoop
- 13 Joan Malatak
- 14 Carol Rowland
- 16 Caysen Baker
- 18 Ed Ridenour
- 19 Cheri Sharpless
- 20 Jacob Burtner, Amber Myers, Dustin Gordon, Blaine Ford
- 22 Grace Burkner
- 23 Dorothy LaBrush, Presley Baker
- 26 Allison Myers, Kaitlin Stevens
- 27 Nancy Troup
- 28 Josephine Hartings
- 29 Andrea Atkinson, Ron Schilling
- 30 Dennis Reeder, John Miller, Sharon Myers

- 3 Morgan & Heidi Boyd
- 4 Terry & Dee Jenkins, Brian & April Schultheis
- 6 Andy & Andrea Atkinson
- 7 John C. & Anne Rowland
- 8 Jake & Niki Burtner, Phil & Brenda Fox
- 11 Chuck & Patti Weaver
- 17 Kristi Duffey & Aaron Cantler
- 18 Brad & Kim Higman, Matt & Kristin Spencer
- 20 Nelson & Cindy Reeder
- 21 Bobby & Melissa Stiles
- 26 Jeff & Lori Royce

### **Every Little Bit Helps...**

Have you ever wondered if the good things you do really matter? Sometimes when we do good things, we may not see the end result of our actions so we are left to wonder whether or not it was really worth our time & effort. 1 Corinthians 15:58 tells us to work for the Lord and know that our efforts are never wasted. So the next time you have the opportunity to perform an act of kindness, help others, or contribute to a cause, GO FOR IT! It can be very gratifying to feel like you're making a positive impact. And it can bring you a sense of purpose and satisfaction. So keep up the good work and remember that nothing we do for the Lord goes unnoticed by Him. (by: Kathy Witman)

## September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 SLC yard sale set up	2 SLC yard sale set up 9:00 AA mtg	3 9:00 Quilting SLC yard sale set up 6:00 Stitching fellowship	4 9:00 AA mtg 12:00 Lunch Bunch @ Olive Garden SLC yard sale set up	5 SLC yard sale set up	6 7:00 -2 Yard Sale 9:00 AA mtg	7 8:00 Men's Breakfast 7:00 Yard Sale apple dumplings@ Park
8 Apple dumplings at Park 10:00 Service in Park	9 9:00 AA mtg 4:00 B&S Longevity Fit 5:30 B & S Fitness 6:30 Outreach	10 9:00 Quilting 1:00 Katie's Cupboard 6:00 Stitching fellowship	11 9:00 AA mtg 4:00 B&S Longevity Fit 5:30 B & S Fitness 7:30 Men's BB	12	13 9:00 AA mtg	14 12:00 SLC private event
15 Sunday School kick off	16 9:00 AA mtg 4:00 B&S Longevity Fit 5:30 B & S Fitness 6:30 Ad Council 9:00 SLC private event	17 9:00 Quilting 6:00 Stitching fellowship	18 9:00 AA mtg 12:00 Moving On Group @ Runway 4:00 B&S Longevity Fit 5:30 B & S Fitness 7:30 Men's BB	19 10:00 Bible Study 6:30 Choir practice 6:30 scouts SLC	20 9:00 AA mtg 12:00 Book Club	21 9:00 SLC CPR training
22 11:00 SLC private event	23 9:00 AA mtg 4:00 B&S Longevity Fit 5:30 B & S Fitness	24 9:00 Quilting 1:00 Katie's Cupboard 6:00 Stitching fellowship	25 9:00 AA mtg 4:00 B&S Longevity Fit 5:30 B & S Fitness 7:30 Men's BB	26 10:00 Bible Study 6:30 Choir practice	27 9:00 AA mtg	28 5:00 SLC movie night
29 Anniversary Sunday 12:00 private event SLC	30 9:00 AA mtg 4:00 B&S Longevity Fit 5:30 B & S Fitness 6:00 Nativity meeting 7:00 Trustee Meeting	1	2	3	4	5



**BENEVOLA UNITED METHODIST CHURCH**  
**19925 Benevola Church Road**  
**Boonsboro, Maryland 21713**  
**301-791-3576**

***Change Service Requested***

